

The Armor of God

(A Five Day Study on How to Protect our Christianity)

Day 1

Breastplate of Righteousness

Lesson: Abraham's Faith

Bible Verse: Ephesians 6:14

Craft: Breastplate Vest

Day 2:

Fitted Feet

Lesson: Paul, Silas, and the Jailer

Bible Verse: Ephesians 6:15

Craft: Sandals of Peace

Day 3:

The Shield of Faith

Lesson: Job

Bible Verse: Psalm 119:11

Craft: Faith Shield

Day 4:

The Helmet of Salvation

Lesson: David & Goliath

Bible Verse: Ephesians 6:17

Craft: Salvation Helmet

Day 5:

The Sword of the Spirit

Lesson: Peter & John Heal the Crippled Man

Bible Verse: Ephesians 6:17

Craft: Spirit Sword

Day 1 Craft:

The Breastplate of Righteousness

Why This Craft: This week the children will learn about the armor of God. Today they will study the breastplate of righteousness. The breastplate is meant to help us Trust God to protect our hearts. In crafts today the children will make a breastplate that they can wear to remind them of the Bible Story.

Supplies Needed:

- duct tape
- scissors
- Large grocery store paper bags (ask and they will donate)
- glue
- decorating supplies: markers, stickers, jewels, beads, glitter, paint, etc.



Instructions:

1. Hand each child a paper bag vest.
2. Use duct tape to reinforce the bag. (can put the tape to form a pattern if you like)
3. Glue "Breastplate of Righteousness" Printable onto front of vest.
4. Decorate the remainder of the bag using supplies as desired.
5. Wear

Materials To Prepare BEFORE-HAND:

- Prepare each vest:
 - Cut up the middle of the "back of the sack"
 - Cut a hole in the bottom for the neck.

- Cut an arm hole in each side.
- Make a sample craft to show the children.



Day 2 Craft: Sandals of Peace

Fitted Feet

Why This Craft: Yesterday the children learned how the Breastplate of Righteousness is used to protect their hearts. Today the children will learn about fitted feet. The purpose of this is so that we can be ready to tell others about God's peace! The sandals or shoes that we wear on our feet not only protect our feet but they help us go places. With our feet we can go and tell others about Jesus. In crafts today the children will get a pair of flip flop sandals. They will decorate these sandals using beads, feathers, toys, jewels, etc. The main point to drive home is that our feet need to be protected because through them we can have the ability to carry the Good News of Jesus Christ all over the world!

Supplies Needed:

- plastic flip flops (you will need one pair per child. Try to get about 30 smaller sizes for the younger group, 30 medium/large sizes for the medium age group, and about 30 extra large sizes for the oldest group of kids. You can ask your church to start donating these!)
- decorating supplies: fabric scraps, feathers, buttons, beads, jewels, toys, glitter, etc.
- glue

Instructions:

1. Give each child a pair of flip flops & discuss the importance of "fitted feet"
2. Allow the children to decorate their flip flops



using materials that you provide.

Materials To Prepare **BEFORE-HAND:**

- Purchase or have flip flops donated to your church group.
- Make a sample craft to show the children.



Day 3 Craft: Faith Shield

Shield of Faith

Why This Craft: Today the children will learn why it is so important to carry around a shield of faith. When we have faith in God it acts as a shield and protects us from evil. A shield is also a safe place to hide behind when the enemy throws things at us. In crafts today the children will create a Faith Shield to remind them that faith shields us from evil.

Supplies Needed:

- cereal boxes
- aluminum foil
- glue sticks
- decorating supplies: foam stickers, stickers, glitter, markers, jewels, etc.

Instructions:

1. Hand each child a cereal box shield and aluminum foil piece.
2. Cover the cereal box shield with the piece of aluminum foil-Use glue sticks to hold the foil in place.
3. Smooth any bumps in the foil with your fingers.
4. Decorate with foam stickers, stickers, glitter, marker, jewels, etc.



Materials To Prepare BEFORE-HAND:

- Open up used cereal boxes and cut out shield shapes. (probably 1 per box)
- Pre-cut pieces of aluminum foil to cover the shields.

SR Crafts

- Cut/glue strips of cloth or cardboard onto the back of the shields to use as a handle.
- Make a sample craft to show the children.

Day 4 Craft: Salvation Helmets

Helmet of Salvation

Why This Craft: Today the children will learn about the helmet of salvation. This helmet helps us to protect our thoughts and allows us to place our thoughts on God. In crafts today the children will create a Salvation Helmet. This will remind the children to set their thoughts upon God and to allow God to protect our minds. For TOMORROW: encourage the children to wear their almost complete ARMOR OF GOD to Bible Club.

Supplies Needed:

- milk/water jugs (1 per child)
- scissors
- yarn
- buttons
- decorative supplies
- glue



Instructions:

1. Hand each child a milk jug helmet and string.
2. Let them thread the string through the holes of their milk jugs.
3. Allow the children to decorate their helmets using the craft supplies you brought: beads, buttons, jewels, markers, crayons, paint, stickers, foam stickers, etc.

Materials To Prepare BEFORE-HAND:

- Prepare EACH Milk Jug Helmet:
 - Use a marker to trace out a fairly even helmet shape for cutting.
 - Cut on the lines you made.
 - Sand around the edges if they are rough.

- Option: You can spray paint the milk jugs to give them a pop of color if you wish.
- Punch holes around the milk jugs too (the children will thread yarn through these later)
- Pre-cut yarn pieces for the children.
- Make a sample craft to show the children.



Day 5 Craft: Spirit Sword

Sword of the Spirit

Why This Craft: All week the children have learned about the Armor of God. Today the children will learn about the Sword of the Spirit. The Sword of the Spirit is the Word of God. The Word of God gives us strength to carry on. In crafts today the children will create a Spirit Sword to go along with the rest of their armor they've created this week. I hope that you encouraged the children to wear their complete Armor of God to Bible Club today!

Supplies Needed:

- duct tape (you can use colorful or patterned duct tape to add pizzazz to this craft)
- paint stir sticks (ask LOWES to donate!!!)
- mini pie tins
- yarn
- scissors
- beads
- decorating supplies: markers, jewels, stickers, etc.

Instructions:

1. Wrap the duct tape around the paint stir stick.
2. Slide the pie tin up to the tape and secure the pie tin with another piece of duct tape.
3. Repeat step 2 on the bottom side of the pie tin to make sure the paint stick is secure.
4. Wrap a long piece of yarn around the handle that sticks out of the bottom of the pie tin. YOU can tape or glue this. (tape will work better)
5. Decorate.



Materials To Prepare BEFORE-HAND:

- Pre the Swords:
 - Cut a slit in the bottom of each mini pie tin.
 - Cut pieces of yarn 3 feet long.pie
- Make a sample craft to show the children.



Ideas Courtesy of:

Shoestring Budget & Skeleton Crews Blog

Crafting Parties Blog- Get Crafting with Friends and Famil

Eagle Nest Momma Blog